

## SAINT BASIL the GREAT PARISH

202 HARCOURT STREET, WINNIPEG, MB R3J 3H3

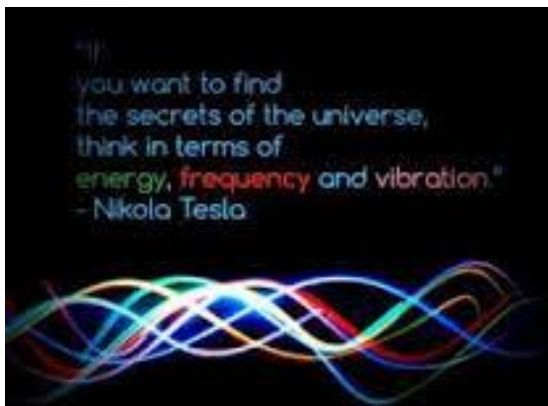
Parish Office: 204-837-4180 Parish Hall: 204-889-9057

Parish Priest: Rt. Rev Canon Walter Klimchuk



### Growing in Awareness of Our Divinity

From Father Walter



As I grow in awareness, I become conscious that our world is made up of energies on many levels. You have high energy vibrations and low energy vibrations. When I first came to St. Basil's Parish I felt that most of you

spend your time in the lower vibration currents. This energy vibration created a vortex of energy that enslaved the faithful to live in fear and to perpetuate lower thought patterns of disharmony. However, many of you have caught on to how the higher vibrations can be accessed. This is no mistake. Each Sunday during my homilies I offered ways to raise the frequencies during our Sunday services. We brought in music, began greeting each other with the kiss of peace and joined hands during the singing of the prayer "Our Father". Energies were then united, fear was removed and our energy fields overlapped each other through positive feelings of love and acceptance.



The mystery to manifesting a more pleasurable reality is to stay in more spiritual thoughts and feelings. This is true when you wish to affect your personal reality and the collective consciousness of your church family.

#### SUNDAY DIVINE LITURGY

10:00 a.m. (Rosary precedes each Liturgy by one half hour)

#### WEEKDAY SERVICES (Tue-Fri)

8:30 a.m. Rosary followed by Liturgy

#### CONFESSIONS

Before Divine Liturgies

#### BAPTISMS

By appointment

#### FUNERALS

By arrangement

#### MARRIAGES

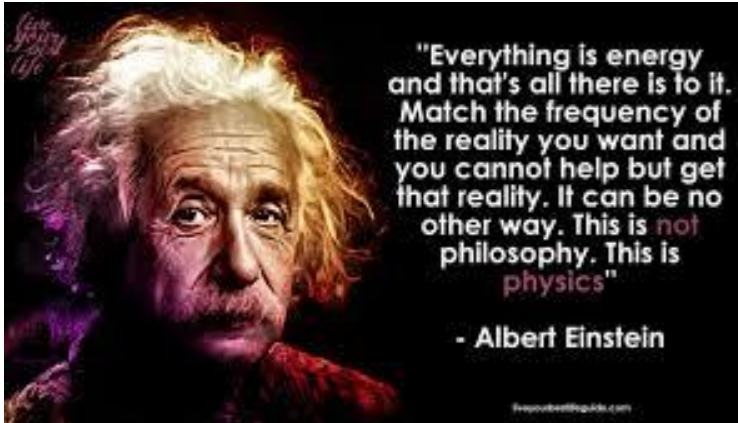
By appointment at least three months in advance

WEBSITE: [www.saintbasilwpg.ca](http://www.saintbasilwpg.ca)

PARISH OFFICE EMAIL ADDRESS:  
[parish@saintbasilwpg.ca](mailto:parish@saintbasilwpg.ca)

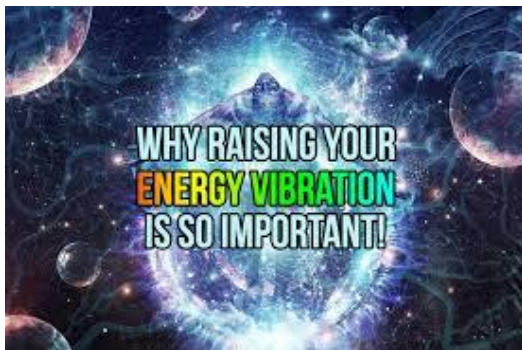
BULLETIN SUBMISSIONS:  
[bulletin@saintbasilwpg.ca](mailto:bulletin@saintbasilwpg.ca)





If you choose to raise your vibrations you might do so through your beliefs thoughts and feelings. This is not the only way but it is probably the easiest way for most of you at this time. Most of us are easily influenced and motivated by wealth and good health and material things that bring us joy. The most important thing we can do as a sentient

being is that we rise up. The reasons for doing so do not matter. What matters is that we finally begin to access the higher realms of vibration and that we finally begin to see how powerfully divine we truly are.



Each Sunday I can see that those who are on a love vibration, without any judgements are experiencing their destiny at a more conscious level. They have a joyful and loving expression on their physical form because they are feeling more divine within themselves rather than feeling their human side. When we literally know that God is inside of us, we will behave in a new way. We will act as though we are loving and kind without

needing to think about it. We will then feel as though we have a gift inside of us and we will begin to nurture this gift. We will no longer scold ourselves when things go wrong and we will no longer scold others.

Once we have accepted the reality of God within ourselves, we will flow with life in ways we never imagined. We will begin to see life as magical and giving. Once we get to this point in our lives in our working process, we become happy and content. No matter what is going on around us, we will know that all is well as we will realise our divinity. We will rise to a level of vibration that literally allows us to see how we are all divine and how everything is and has always been in divine order.



Once we achieve this awareness I can guarantee you that you will feel and realise what a gift it is to be you and then you will weep with joy of it. Your soul will literally shine through you for all to see. You will meet others who are working at this time and your divinity will join with theirs. Soon you will shine as brightly as stars. You will begin to see the divine in others and you will begin to assist those who do not yet feel divine by showing them love and kindness. Let us begin to recognise our divine light and share it by showing it to others. Begin now. Rise up now. Start to see how special you are

right now. Begin to open yourself up to the light in this moment. It starts today.

## THE THIRD COMMANDMENT



***'Thou shalt not take the name of the Lord thy God in vain: For the Lord will not hold him guiltless that taketh his name in vain.'*** Exod 20: 7.

Every Commandment has its problems. Some are difficult to

understand, others are difficult to interpret, and some are difficult to apply. The Third Commandment presents us with a unique problem: We understand it all too well.

We think this is the commandment against swearing. We tend to think that it's a warning against using words like 'damn' 'hell' or something worse.

Many of us were raised to believe that "taking God's name in vain" means using the words "God" and "damn" in the same sentence. By extension we were led to believe that the Third Commandment also covers salacious language, dirty jokes, vulgarisms, and what used to be called "gutter talk."

So what's the problem? If we understand what this means, let's clean up our language and move on to the next Commandment. Not so fast.

*the act of insulting God and His name or showing a lack of reverence toward God.*

The key to understanding the Third Commandment lies in properly interpreting the phrase "in vain." The Hebrew expression means "lightly, frivolously, loosely or casually." To take God's name "in vain" means to use it in a light, frivolous or casual way.

These days religion is personal, private, a thing not to be discussed in polite society. And God? Only fanatics worry about him. God keeps getting shoved into that category—the category of spare time, some-thing to think about after I've taken care of the important things, if I have time and energy left over. All those things Jesus said get put into the same bag with Sunday football or TV or sleeping in. "I'm casually yours, God." That's what the Third Commandment is getting at. People who take God's name "in vain" are guilty of believing in God—a little bit!

This is not a commandment about swearing. Or at least we can say that's certainly not the main point. The issue is not whether you use four-letter words. The issue is whether or not you take God's name seriously.

Which brings us to the first major issue we must face. Why is God's name so important?

## I. Why Is God's Name So Important?

Let's begin with the obvious point that names are important. Your name is important to you. It may not matter to anyone else in the world but you care about your name because it identifies who you are. Think of how much time parents spend naming their children. Names mean something. They communicate history and tradition and family heritage. They identify us with our past, drawing across the generations a shared set of values. Why is God's name important to him?

### A. It Represents His Character.

For most of us, the word "God" brings up images of the stories of the Bible—how God created the world out of nothing, how he parted the Red Sea for the children of Israel, how he caused the walls to come tumbling down at Jericho, how he enabled David's tiny stone to slay Goliath. We know God through the things he has done. We hear the stories and then we refer back to the God who stands behind the stories. God's "name" is his character and his reputation.

We all tend to associate certain names with certain emotions. For instance, mention "Hitler," and you instantly think of Nazi Germany and the horrors of the concentration camps. Mention "Mother Teresa," you think of her selfless work for the homeless and dying of Calcutta. Two people. Two names. Two wildly different emotions.



In the Lord's Prayer, we "hallow" the name of God because he is holy and good. We take it seriously because God's name represents who he is and what he does. We don't take it lightly or flippantly because we don't take God lightly and flippantly.

What does God look like? The Bible doesn't leave us to wonder about the answer to that question. Nearly 2000 years ago a little baby

was born in Bethlehem who forever answered that question. If you want to know what God is like, look at Jesus. Hebrews 1:3 calls him the "shining forth of the glory of God."

Does God have a name? Yes. His name is Jesus. In him, the abstract becomes concrete. When I look at Jesus all those theoretical ideas about God suddenly become reality.

—God now has hands.

—And feet.

—And eyes to see.

—Ears to hear.

—Lips to speak.

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—God has a voice!

—He speaks a language we understand.



We see him touch a leper, and we know no one is too dirty for him.

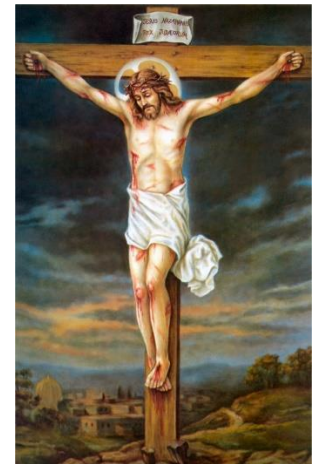
We see him pause to speak to a beggar, and we know he's never too busy for us.

We see him feed the multitudes with loaves and fishes, and we know he can supply our needs.



We see him with the towel and the basin, and we know no job is too menial for him.

Finally we see him hanging on the cross, suspended between heaven and earth, beaten, bruised, bloodied, mocked, scourged, spat upon, jeered, booed, hated, attacked, scorned, despised, rejected, crucified. When we hear him cry out, "Father, forgive them for they know not what they do," we suddenly understand that Jesus has no enemies.



In Jesus we discover a God who takes people seriously. He never treats people casually. He never brushes them off. He never says, "You're a loser." He's a God who cares enough to get involved in this ugly, twisted, unredeemed world.

That's who God is. If he never took people lightly, then we must never take his name lightly.

There is a second reason why God's name is so important.

### **B. It Protects His Reputation.**



Did you notice that there is a threat attached to this command? "For the Lord will not hold anyone guiltless who misuses his name." Remember the story of Uzzah in II Samuel 6. King David had ordered that the ark of God be transported from the house of Abinadab into the city of Jerusalem. David's men put the ark of God—"which is called by the Name"—on a cart—which was their first mistake. God had ordered that the Levites should carry the ark by inserting long poles through rings on the sides. Perhaps they were in a hurry; perhaps they

thought it didn't matter. Two sons of Abinadab—Ahio and Uzzah—walked beside the cart to guide it and to protect it. As they approached the threshing floor of Nacon, the oxen stumbled, causing the ark to sway on the cart. Uzzah immediately reached out his hand to steady the ark. It was the last act of his life. When he touched the ark, God struck him dead.

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“The Lord’s anger burned against Uzzah because of his irreverent act; therefore God struck him down and he died there beside the ark of God.” (II Samuel 6:7)

Very possibly that seems like a huge overreaction to you. After all, Uzzah was only trying to do his job. But God was sending a message that no one should dare to trifle with his Name.

Are you surprised? Don’t be. Don’t the great celebrities pay millions to protect their names? Don’t major corporations like Coca-Cola and IBM hire hundreds of attorneys to insure their corporate name is not misused? I’ve read that Frank Sinatra’s name was worth a cool \$500,000. Misuse it deliberately and that’s how much you’d pay to Ole Blue Eyes. The message is clear. God’s name is important to him. Misuse it and he’ll see you in court!



## II. Using God’s Name Wrongly

With that as background, let’s consider three ways in which we may use God’s name wrongly.

### A. Irreverence

Irreverence is nothing more than speaking of God but not taking him seriously. That’s basically a sin that only a believer can commit. You’ve got to believe in God before you can take him lightly.

### B. Profanity

What kind of irreverence could be called “blasphemy” and “profanity?” Anger toward God, bitterness directed at him, willful doubt, deliberate unbelief, rebelling against his will, idly wishing you could live like an unbeliever, a miserly spirit that causes you to hold back your giving, hatred of other believers, a cold spirit toward God, a prayer less attitude.

What do we mean by profanity? Strictly speaking, profanity is taking lightly that which ought to be taken seriously. To profane something is to “treat something sacred with neglect or disrespect.”

Consider the profanity we hear all around us. Most of the four-letter words fall into two categories:

- The abuse or misuse of sex
- The private parts of the human body.

But the human body was created by God! And sex is one of God’s best gifts to the human race!

Profanity is wrong not simply because it shocks or disgusts, but at a much deeper level, profanity is wrong because it trashes that which God has declared to be holy and good and beautiful.

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Hollywood has desensitized us to profanity. We don't even flinch when we hear our favorite characters saying "Damn" or "Hell" or "God Damn it" or things much worse. We don't even blush. These days swearing doesn't bother us. We've come to expect it. And all too often, we've even come to repeat it ourselves.

But we have an answer, don't we? When we get angry and begin to fill the air with profanity, we say, "I didn't mean anything by it" or "I was just letting off steam" or "That's not how I really feel."

God doesn't buy that argument. When you say "Go to Hell," you are actually praying a prayer. When you say, "God damn you," you are actually asking God to damn someone!

The Third Commandment might well be paraphrased, "You shall not use the name of the Lord without meaning something by it." Every time you use God's name, you'd better mean something by it. Because God takes your words seriously even if you don't.

When we think about Christ coming from heaven to shed his blood for us, how can we dare to use his name lightly? When we think about God who loved us while we were yet sinners and sent his Son to the earth, how can we use his name in anger?



### C. Promise-Breaking

I am sure that many of us would never connect promise-breaking with the Third Commandment. But consider how flippantly we speak. "Tell me the truth," we say, because we know we don't. "Be serious," we cry, because we aren't.

We lack commitment to our own words.

—How quickly we break our marriage vows.

—We sign contracts we never intend to keep.

—We make appointments and then come 30 minutes late.

—We swear not to tell a soul ... and we don't ... for about an hour!

—We promise to do something for a friend but then "something else" comes up.

Why? Because truth doesn't mean very much to us. What does this have to do with "taking God's name in vain?" Consider Leviticus 19:12, "Do not swear falsely by my name and so profane the name of your God." Deliberately breaking a promise is profaning the name of God.

But how can that be? When we make a promise, we are making it in the presence of God! He is there whether we use his name or not! All promises are made in his presence. William Barclay says it this way: You cannot possibly keep God out of any transaction, for God is

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everywhere present, and whether his name is mentioned or not, he is present when any promise is given or taken. All promises and pledges are made in the presence of God, just as all places are in the presence of God, and therefore an oath in the name of God is unnecessary, for God is there anyway.

The next time you are about to make a promise, or take a vow, or make an appointment, or sign a contract, or agree to keep a secret, or promise to do something for a friend, ask yourself this question:

—Would I be so quick to agree to this if Jesus were standing beside me listening to the promise I am making? Remember, every idle word will someday be accounted for. Don't say it if you don't mean it. Every promise you make—even the one you make in jest—is made in the presence of the Lord.

### **III. Using God's Name Rightly**

Let's briefly consider three ways in which we may use God's name rightly.

#### **A. Reverent Speech**

God must be first—not only in our lives but also on our lips.

#### **B. Courageous Speech**



A right appreciation of God's name will give us courage in the moment of crisis. Do you remember what David said when he faced Goliath? "You come against me with sword and spear and javelin, but I come against you in the name of the Lord Almighty, the God of the armies of Israel, whom you have defied." (I Samuel 17:45)

Goliath must have laughed when he heard this brash teenager spouting nonsense about the name of the Lord Almighty. Hadn't the Israelites fled in fear for 39 straight days? Hadn't they been afraid to come out and fight? Now here comes this kid talking trash to the mighty Goliath. What a joke!

Before the day was over, Goliath discovered the joke was on him. David found a stone, put it in the slingshot, wound up, and let it go. Before Goliath knew what hit him, he fell to the ground ... stoned out of his mind. It was the courage of David to go into battle "in the name of the Lord" that made the difference.

We bear the name of the Lord. His reputation in the world rests on us. We honor that name and increase his reputation when we speak up for him before others.



### C. Affirming Speech



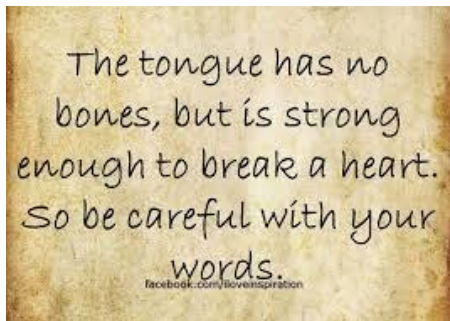
The world is filled with critics; where are the affirmers? On every hand we have self-appointed “truth-tellers” whose calling in life seems to be finding what’s wrong with everyone else. You know if you listen to them long enough they’ll soon begin sniping at others. But there is a better way. When you are tempted to say something unkind, ask yourself four questions:

1. Is it the truth?
2. Is it fair to all concerned?
3. Will it build goodwill and better friendships?
4. Will it be beneficial to all concerned?

Proverbs 18:21 says, “The tongue has the power of life and death.” Think about that. Every time you open your mouth either life or death comes out.

—What’s been coming out of your mouth this week?

—Life or death?



This explains why some people can’t keep friends. They speak death into every relationship. They are so critical and petty that they kill every friendship they have. The same is true for many marriages. They die because we kill them with our unkind words. The same is true where we work. We destroy our team spirit through backbiting, gossip, slander and lying. The same is true in our homes. Some families fall apart because the parents kill their children with harsh words.

But the other side is also true. We may give life by the things we say.

—Positive words!

—Hopeful comments!

—Life-giving affirmations!

—Kind expressions!

When we affirm others, God affirms them through us and his name is honored. As one writer put it, “God becomes believable as we become lovable.”

The Affirmation Project

Here's a three-step project that could make a big difference in your life this week.



**Step # 1: Affirm God's goodness every day this week.**

**Step # 2: Affirm your loved ones every day this week.**

**Step # 3: Affirm one new person every day this week.**

How do you affirm someone? Write them an encouraging note. Send them a gift— anonymously. Give them a hug. Call them on the phone. Tell them, "I love you." Pass along some good news. Congratulate them on their latest achievement. Give them a pat on the back. Take them out to lunch. Smile when you see them. Forgive them without being asked. Pray a special prayer for them. Send them an "I was thinking about you" card. Treat them to a banana split. Stop and say hello. Laugh at their dumb jokes. Tell them, "God loves you and so do I."

Does this seem far removed from the Third Commandment? It shouldn't. The Third Commandment is concerned with the things we say and do.

—Take God seriously!

—Take people seriously!

It's simple, and profound, and wonderfully relevant to us. This Commandment will never go out of style, because it challenges us to think before we speak and to mean every word we say.



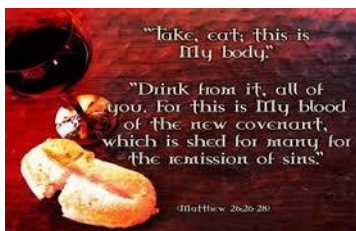
**PLEASE REMEMBER THOSE WHO NEED OUR PRAYERS**

Oh God our Father we pray You restore to physical health, those who are weakened with illness. Give peace of mind to those troubled with worry and comfort those discouraged with problems. Help them find their inner strength, a faith and trust in you and a love for one another to guide them through any health challenges or troubles they may face. Amen. **Please pray for the health of Lou Gollets. Please pray for the health of Walter Latocki. Please pray for the health of Steven Marchenski. Please pray for health & healing for Joyce Hojlo. Please pray for the health and total recovery of Bill Morant. Please pray for the health of Annie H. Kruk. Please pray for the health of Margaret Hadubiak. Please pray for the health and total recovery of Dorothy Labay. Please pray for the health of Kay Tokarwiski. Please pray for the health and total recovery of Mildred Kalyniuk. Please pray for the health and recovery of Helen Czaplynsky. Please pray for the health of Serge Larouche. Please pray for the health & total recovery of Marjorie Romanik. Please pray for the health and recovery of Adele Genik.**

## LITURGIES & INTENTIONS



	INTENTION	OFFERED BY
MARCH 13 <sup>TH</sup> 10:00 am	+SOUL OF DEACON NICHOLAS KOHUCH	TONY SKLAR
	+SOULS OF HANNAH & MICHAEL PROVALNIUK	SVITLANA KWIATKOWSKI
	+SOULS OF TEKLIA & JOSEF KULCHYTSKIJ	SVITLANA KWIATKOWSKI
	+SOUL OF MICHAEL TANCHAK	ROSE & JOHN WASYLIW
MARCH 14 <sup>TH</sup>	NO MASS	
MARCH 15 <sup>TH</sup> 8:30 am	+SOUL OF DEACON NICHOLAS KOHUCH	GLORIA SENIUK
MARCH 16 <sup>TH</sup> 8:30 am	+SOUL OF DEACON NICHOLAS KOHUCH	GLORIA SENIUK
MARCH 17 <sup>TH</sup> 8:30 am	HEALTH & BIRTHDAY BLESSINGS LESIA	BILL BOYCZUK
MARCH 18 <sup>TH</sup> 8:30 am	+SOUL OF DEACON NICHOLAS KOHUCH	GERRY & MICHELLE STINSON
MARCH 20 <sup>TH</sup> 11:00 am	+SOUL OF PAUL KOWAL	OLLIE KOWAL & FAMILY
MARCH 21 <sup>ST</sup>	NO MASS	
MARCH 22 <sup>ND</sup> 8:30 am	+SOUL OF DEACON NICHOLAS KOHUCH	GERRY & MICHELLE STINSON
MARCH 23 <sup>RD</sup> 8:30 am	HEALING FOR ROB, COLLEEN & RYAN PROKOPOWICH	STELLA & CONNIE SENIUK PROKOPOWICH
MARCH 24 <sup>TH</sup> 8:30 am	FOR THE DECEASED SOUL OF MARGIE	BILL & LESIA BOYCZUK
	WITH PANAHYDA	
MARCH 25 <sup>TH</sup> 8:30 am	GOOD FRIDAY	
MARCH 26 <sup>TH</sup> 10:00 am	HOLY SATURDAY	
MARCH 27 <sup>TH</sup> 8:30 am	EASTER SUNDAY	
	FOR THE FAITHFUL	
MARCH 28 <sup>TH</sup> 8:30 am	+SOULS OF STANLEY & EMILY STOYANSKY & FAMILY	C & A
MARCH 29 <sup>TH</sup> 8:30 am	+SOUL OF LEONARD KIMACOVICH	ED & STELLA PILAT
MARCH 30 <sup>TH</sup> 8:30 am	+SOUL OF LEANNE GERMAINE	FATHER WALTER
MARCH 31 <sup>ST</sup> 8:30 am	+SOUL OF LEONARD KIMACOVICH	MARGARET & SAM KABAN
APRIL 1 <sup>ST</sup> 8:30 am	HEALTH OF MARJORIE ROMANIK	FATHER WALTER



## SANCTUARY LIGHT



WEEK OF	INTENTION	OFFERED BY
MARCH 13 <sup>TH</sup>	+ SOULS OF CATHERINE & DMYTRO MANDZIE	FAMILY
MARCH 20 <sup>TH</sup>	+SOULS OF CATHERINE & DMYTRO MANDZIE	FAMILY
MARCH 27 <sup>TH</sup>	+SOUL OF WALTER GALAY	ELSIE GALAY & FAMILY
APRIL 3 <sup>RD</sup>	HEALTH INTENTIONS FOR FAMILY	SOPHIA ANDRINIUK
APRIL 10 <sup>TH</sup>	+SOUL OF ANNE NAHULIAK	VIRGINIA MOORE
APRIL 17 <sup>TH</sup>	+SOUL OF JOHN ZAMRYKUT	ANNE TANCHAK & FAMILY
MAY 1 <sup>ST</sup>	+SOUL OF MIKE TANCHAK	ANNE TANCHAK & FAMILY
MAY 22 <sup>ND</sup>	+SOULS OF MIKE & JEAN NECHWEDIUK	MARTIN & LEONA NECHWEDIUK
JUNE 12 <sup>TH</sup>	+SOUL OF HUSBAND BORIS MUSICK (28 YEARS)	DOREEN MUSICK & FAMILY
JUNE 19 <sup>TH</sup>	+SOULS OF SISTERS CHRISTINE, MARY & PEARL	DOREEN MUSICK & FAMILY
JUNE 26 <sup>TH</sup>	+SOULS OF BROTHERS PAUL, WALTER & NICHOLAS	DOREEN MUSICK & FAMILY
JULY 3 <sup>RD</sup>	HEALTH OF ANNA LABAY	ANDY & LINDA LABAY
JULY 10 <sup>TH</sup>	+SOUL OF TONY NAHULIAK	VIRGINIA MOORE
JULY 24 <sup>TH</sup>	+SOUL OF EMILY STOYANSKY	ANGELA & CATHY STOYANSKY
AUGUST 28 <sup>TH</sup>	HEALTH & BLESSINGS ANGELA STOYANSKY	CATHY STOYANSKY
SEPTEMBER 4 <sup>TH</sup>	+SOULS OF WILLIAM & NELLIE KABAN	KABAN FAMILY
SEPTEMBER 11 <sup>TH</sup>	+SOUL OF ROSE CAMERON	KABAN FAMILY
SEPTEMBER 18 <sup>TH</sup>	HEALTH & BLESSINGS ANGELA STOYANSKY	CATHY STOYANSKY
SEPTEMBER 25 <sup>TH</sup>	+SOUL OF FRED SOLTYS	ANNE SOLTYS & FAMILY
OCTOBER 2 <sup>ND</sup>	HEALTH & BLESSINGS FATHER WALTER	CATHY & ANGELA STOYANSKY
OCTOBER 30 <sup>TH</sup>	+SOUL OF ANNE SKOCHYLES	GERRY SKOCHYLES
NOVEMBER 6 <sup>TH</sup>	HEALTH & BLESSINGS CATHY STOYANSKY	ANGELA STOYANSKY
NOVEMBER 13 <sup>TH</sup>	+SOUL OF LARRY FEDORCHUK	PHYLLIS FEDORCHUK & FAMILY
DECEMBER 4 <sup>TH</sup>	+SOUL OF JOHN LABAY	ANDY & LINDA LABAY
DECEMBER 18 <sup>TH</sup>	+SOUL OF STANLEY STOYANSKY	CATHY & ANGELA STOYANSKY

**A Sanctuary Light burns eternally to indicate the presence of Jesus in the Holy Eucharist in the Tabernacle. It is a marvelous thing that we can actually be in His presence!**

Since Christ Himself said in reference to the bread: "This is My Body," who will dare remain hesitant? And since with equal clarity He asserted: "This is My Blood," who will dare entertain any doubt and say that this is not His Blood?... You have been taught these truths. Imbued with the certainty of faith, you know that what seems to be bread is not bread but the Body of Christ, although it seems to be bread when tasted. You also know that what seems to be wine is not wine but the Blood of Christ although it does taste like wine. - from a catechetical instruction given by Saint Cyril of Jerusalem for his successor John in the 4th century



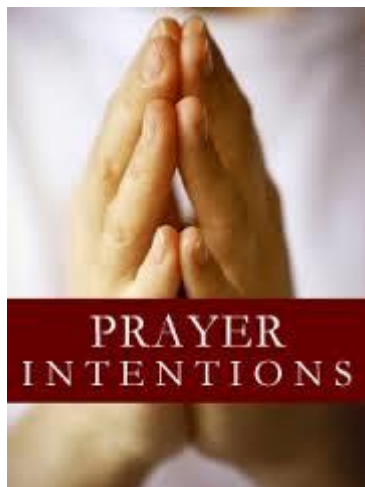
## THE TRAVELING ICON OF THE MOTHER OF POCHAIV

You can arrange to have the icon in your home by using the sign-up sheet at the back of the church. Just write your name on the week in the calendar that corresponds to your choice of time period.

When we speak of icons as a medium for “gazing into heaven”, we refer to their value as much more than ethereal-looking religious art. Instead, icons serve as a very real means for connecting us with God and His love. Icons are beautiful, but without relationship behind it, beauty alone feeds only a portion of the human soul, and ultimately patronizes the deep human need for loving connection with the Transcendent. With this in mind, we seek to view icons as points of visual and spiritual intersection with eternal things, as living prompts for our prayers, and as reminders of the very real world that exists beyond the limitations of this temporal one. Icons can seem complicated or strange at first. Take time to come present to the icon, to simply gaze, allowing both your sense of sight as well as the longings of your heart to interact with what the icon presents to you in a particular moment. Icons have a way of teaching the heart spiritual truths the mind cannot. This is part of what is meant by icons being “theology in color.

While the Icon is in your home pray before it, alone or with others, for all your intentions and needs. You may pray the Rosary, in whole or in part, or the prayers from the Moleben to the Mother of God, or pray in your own words; or simply spend some silent moments in meditation, listening and being attentive to God's Word.

In your prayers, approach the Blessed Mother with childlike confidence and bring her all your concerns, worries, disappointments, hurts and sufferings, and all your needs, wishes and hopes. But also say a prayer of thanksgiving for all of your successes and joys, your graces and blessings, known and unknown. Make the most of the presence of Mary's Icon in your home.



### MARCH 2016 PRAYER INTENTIONS

Universal: Families in Difficulty (e.g. in our parishes and parish territories.)

“That families in need may receive the necessary support and that children may grow up in healthy and peaceful environments.”

Evangelization: Persecuted Christians (e.g. Syria, Iraq, China, occupied Ukraine, etc.)

“That those Christians who, on account of their faith, are discriminated against or are being persecuted, may remain strong and faithful to the Gospel, thanks to the incessant prayer of the Church.”

## 54 Ways to Be Merciful During the Jubilee Year of Mercy 1-10

*Practicing mercy in our lives actually does take practice*

*Aleteia*



The Pharisees saw this and said to his disciples, “Why does your teacher eat with tax collectors and sinners?” He heard this and said, “Those who are well do not need a physician, but the sick do. Go and

learn the meaning of the words, ‘I desire mercy, not sacrifice.’ I did not come to call the righteous but sinners.”

—[Matthew 9:11-13](#)

God, who is merciful, desires our mercy. Here are 54 ways to keep to mercy during the Jubilee Year. Try randomly selecting one each week and putting it into practice. (We gave you two extra; mix them up!)

- 1) Resist sarcasm; it is the antithesis of mercy: “Set, O Lord, a guard over my mouth; keep watch, O Lord, at the door of my lips!” ([Psalm 141:3](#)).
- 2) Pare down possessions: share your things with the needy.
- 3) Call someone who you know is lonely, even if you understand why they’re lonely. Especially if you do.
- 4) Write a letter of forgiveness to someone. If you cannot send it, sprinkle it with holy water, ask Christ Jesus to have mercy on you both and then burn or bury it.
- 5) Learn to say this prayer: “Dear Lord, bless [annoying person’s name] and have mercy on me!”
- 6) Plan a mini pilgrimage to a local shrine; make an effort along the way to live the corporal work of mercy of “welcoming the stranger” as Christ.
- 7) Do something kind and helpful for someone who you don’t get along with, or who has wronged you.
- 8) Be mindful of your behavior online. Is that post designed to improve your image ... and leave others feeling bad? Are you hammering people in order to serve your anger and humiliate others?
- 9) Have masses said for the living: friends and family members, even strangers you read/hear about, who are having a hard time.
- 10) Be generous enough to allow someone to help you; people need to feel needed.

March 13, 2016



If anyone wishes to receive the Sacrament of Confession or Holy Communion at home or in the hospital or nursing home please contact the parish office at 204-837-4180.

**YOUR 2016 PARISH COUNCIL**

VICE PRESIDENT	AL KOWAL
1 <sup>ST</sup> VICE PRESIDENT	ROBERT HOTEL
2 <sup>ND</sup> VICE PRESIDENT	FRED NOROZNIAK
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	ALAN PRYCHITKO



THANK YOU TO THE OUTGOING EXECUTIVE AND COMMITTEE MEMBERS WHO HAVE SERVED THE PARISH.

March 13, 2016



Lent began Monday February 8<sup>th</sup>. The first day of Lent and Good Friday are fast days in the Ukrainian Catholic Church. On fast days, we totally abstain from meat and dairy products and take only one full meal. Other meals should be of smaller proportions, like snacks.

STATIONS OF THE CROSS: EVERY WEDNESDAY AT 7 PM, UNTIL GOOD FRIDAY.

SOROKOUSTY SERVICES FOR DECEASED FAMILY MEMBERS WILL TAKE PLACE ON FRIDAYS DURING THE MORNING DIVINE LITURGY, UNTIL GOOD FRIDAY.

ENVELOPES ARE AVAILABLE AT THE CHURCH ENTRANCE.

**PLEASE NOTE: PALM SUNDAY, MARCH 20<sup>TH</sup>, LITURGY 11:00 AM FOLLOWED BY PALM SUNDAY TEA.**



**March 20 – 1:00 to 3:00 pm - St. Basil's UCWLC invite you to their annual tea at the St. Basil's Parish Auditorium (202 Harcourt Street). Dr. Anne Penny will officially open tea. Join them for Home Baking, Raffle & Silent Auction.**



**19<sup>th</sup>. . Submitted by Joanne Huzel**



We have another perogy supper on March 18 starting at 4:00 pm till 7:00 pm. We invite all parishioners to come join our knights for all of the above functions and enjoy some fellowship.  
Submitted respectfully by Andrew Labay Grand Knight.



March 13, 2016



COUNTERS FOR MARCH are:  
Andy and Linda Labay and Phyllis Fedorchuk

Submitted by Sylvia Martyniuk



CLEANERS FOR MARCH

Alex & Mary Ilnisky Zimrose    Andy Lee    Gus Groen

Submitted by Doreen Musick



**THE HAPPIEST OF BIRTHDAYS TO:**

**ANN BAZAN who celebrates March 13th**

**ALLAN REBENCHUK who will celebrate on March 16th**

**NETTIE NAROZNAK who will celebrate on March 18th**

**MNOHAYA-MNOHAYA LITA! GOD GRANT YOU MANY HAPPY YEARS!**

## YOUTH NEWS



**KNIGHTS  
OF COLUMBUS**  
IN SERVICE TO ONE. IN SERVICE TO ALL.

### ***2016 Youth Winter Games Schedule.***

**Indoor Soccer:** Saturday, April 2, 2016 Seven Oaks Soccer Plex, 725 Kingsbury Ave., Registration 12:30pm., soccer and Snacks 1:00-3:00pm Clean indoor runners required

**Windup:** Saturday April 16, 2016 St Vladimir & Olga Cathedral Hall Food, Music, Games and Awards 6:00-10:00pm

**All youth of all ages are invited and admission is free.**

These events give our children an opportunity to meet and visit youth from all over the city. We will arrange carpooling for any children needing a lift to and from the events. Please contact Wanda at [prychitko@shaw.ca](mailto:prychitko@shaw.ca), so we can ensure that enough drivers are made available.

March 13, 2016

## COMMUNITY CALENDAR

**Knights of Columbus St. Anne Council**

### **11TH ANNUAL LENTEN FISH FRY DINNERS**

**(Pickerel, perogies, trimmings, beverages, desserts)**

**Take-outs and UCWLC Bake Sale Items available**

**St. Anne Ukrainian Catholic Church Hall – 35 Marcie St. (off Gilmore Ave)**

**Lenten Fridays, from 4:00 to 7:00 PM, February 12<sup>th</sup> to March 18<sup>th</sup>, 2016**

**Costs range up to \$12**

**Dinners followed by Stations of the Cross or Presanctified Liturgy**

**at 7:00 PM each Friday**

Holy Eucharist Parish invites you to their special Jubilee Year **LENTEN MISSION OF RENEWAL** featuring Redemptorist Missionary **Father John Sianchuk, C.Ss.R.** The mission will take place at the church at 505 Watt Street for 4 nights Sunday to Wednesday, March 13 to 16, beginning at 6:00 pm. Mission Homily, Confessions, Fellowship, Food and Discussion every night. You are invited! . [204-667-8866](tel:204-667-8866)

March 13 - The Ladies Society of Immaculate Conception Church of Cooks Creek, MB (Hwy 212 @ Zora Rd.) Invite you to attend the 45th Annual Spring Tulip Tea

Sunday, March 13 - 1:30-3:30 pm [Bake Sale ~ Raffle ~ Silent Auction]

April 14 - The Catholic Foundation of Manitoba's Annual Caritas Dinner honouring the service of consecrated men (i.e. monks and religious) at the RBC Convention Centre Winnipeg. Tickets \$95 and can be purchased by calling 204.233.4268. [visit [www.catholicfoundation.mb.ca](http://www.catholicfoundation.mb.ca) ]

**HOLY FAMILY AUXILIARY SUNDAY APRIL 24 1:00 PM FASHION IN BLOOM A LUNCHEON & FASHION SHOW FEATURING SPA LIFESTYLE & FASHION BOUTIQUE HOLY FAMILY HOME AUDITORIUM 165 ABERDEEN AVENUE TICKETS \$30.00 SILENT BID AUCTION & RAFFLE LUNCHEON BY HOMER'S RESTAURANT FOR TICKETS CONTACT ELAINE SKIRZYK AT 204-632-5759**

March 13, 2016

## "MERCY is What Pleases GOD Most"

A Lenten Mission for the whole family presented by: The Welcome Home - A Mission of St. Alphonsus" (The Ukrainian Redemptorists)

**Sponsored by:** St. Anne & St. Michael Ukrainian Catholic Churches.

**Mission Location:** St. Anne's Parish, 35 Marcie St.

### **Mission Schedule and Events:**

**Sunday March 13th - 9:00 am & 11:30 am**

Sunday Divine Liturgy, Mission Homily/Children's Activity Mission

**Monday March 14th - 7:00 pm**

Mission Homily & Service of Forgiveness

**Tuesday March 15th - 7:00 pm**

Mission Homily & Service to Our Mother of Perpetual Help

*We invite everyone to set aside these dates and make a special effort to attend the Lenten Mission and to hear the spiritual words of Fr. Larry Kondra and Fr. Taras Kchik and The Welcome Home who will facilitate this event. Let us come together and take this opportunity to prepare ourselves spiritually during this Lenten season and renew our life with Christ.*

### **World Youth Day 2016!**

CUCP ~ Canadian Ukrainian Catholic Pilgrims Ukrainian Catholics from Canada will be joining together to experience WYD 2016. July 12-August 3, 2016

- July 12-14 ~ Lviv, Ukraine July 15-17 ~ Zarvanytsia, Ukraine
- July 18-24 ~ Days of the Eparchy in Przemysl, Poland
- July 25-31 ~ World Youth Day Week in Krakow, Poland
- August 1-3 ~ Wrap Up Retreat Days in Krakow, Poland

Cost Approx \$3800-\$4200 For more information on the Pilgrimage you can email either Sarah at [uwitness2youth@gmail.com](mailto:uwitness2youth@gmail.com) or Millie at [youth@edmontoneparchy.com](mailto:youth@edmontoneparchy.com) Please join us for a Pilgrimage of a Lifetime! (Register early, space is limited)

### **UCY**

Sunday, **March 20** at 10am service (be there by 9:15am) UCY/YA to bring the residents down for Liturgy at Holy Family Home, 165 Aberdeen Avenue. **I will need 5-6 people to help out** (I will not be able to be there because of prior family commitments on Feb 21). Please let me know if you can help out.

Friday, **March 25** 3pm to 8 or 9pm Visiting different Churches for Good Friday (*if you would like us to visit your church this year, please email me the times that the church is open or when there are services*)

March 13, 2016

**VELYCHKOVSKY PILGRIMAGE TO UKRAINE 2016 July 3 to July 25, 2016** - The **Bishop Velychkovsky Martyr's Shrine** is conducting a pilgrimage for 22 days to places in Ukraine where Blessed Martyr Vasyl lived, worked and suffered. Some of the places we will be visiting are: Lviv, Ternopil, Ivano-Frankivsk, Kovel, Kamianetz Podilsk, Kyiv, the Carpathian Mountains, Zarvanytsia, Pochaiv, etc. On this pilgrimage we will have prayer services and hear stories of Blessed Vasyl's life as well as sight-seeing throughout Ukraine. Cost of the trip is \$4500 CDN which includes: flights from Winnipeg to Lviv/Kyiv to Winnipeg, travelling in air-conditioned bus throughout Ukraine, accommodations, meals and attractions. **Travel and medical insurance is not included.** For more information contact by e-mail: [bvshrine@mymts.net](mailto:bvshrine@mymts.net) or phone 204-338-7321. Book as soon as possible as space is limited to 20 pilgrims. Deadline for reservations and non-refundable deposit of \$300.00 is February 29, 2016. Tour conducted by Fr. John Sianchuk, C.Ss.R. & Mary Jane Kalenchuk. **Come and experience** Blessed Vasyl's homeland and the beauty and hospitality of Ukraine

Knights of Columbus Father Shyshkowich Council 26<sup>th</sup> Annual Halibut Fish Fry

Lenten Fridays: 4:30 PM to 7:00 PM 6 Consecutive Fridays: February 12<sup>th</sup> to March 18<sup>th</sup> 2016 :Halibut Fish & French Fries: \$10.00 (Adult) \$5.00 (Child) Adult: 2 Portions of Fish: Child: 1 Portion of Fish (Served with Coleslaw, French Fries & a Dinner Roll) (Tartar Sauce Upon Request) Perogies: \$5.50 (6 Perogies) (Deep Fried or Boiled with sour cream & onions) Combo:\$7:50 (3 Perogies & 1 Portion of Fish) (Deep Fried or Boiled with Onions, Sour Cream & Coleslaw) Clam Chowder:\$4.00 a Bowl (With Bun) Extra Portions: 1 Portion of Fish:\$5.00 1 Order of French Fries: \$2.00 Beverages & Desserts: (Coffee, Tea, Drink & Dainties) St. Joseph's Ukrainian Catholic Church

(Church Basement) 250 Jefferson Avenue, Winnipeg

PYSANKA ART DAVID & DEREK WASYLYSHEN OSEREDOK UKRAINIAN CULTURAL & EDUCATIONAL CENTRE 184 ALEXANDER AVE E MARCH 6-APRIL 9

*SPRING FAIR FRIDAY MARCH 18 10am-6 pm & SATURDAY MARCH 19 10 am -4 pm OSEREDOK BOUTIQUE. FEATURING TRADITIONAL & ART PYSANKY, PYSANKY JEWELLERY, PYSANKY COOKIES AND PYSANKY WRITING SUPPLIES. PLUS, A NEW SPRING LOOK FOR YOU AND YOUR HOME – NEW ARTISAN JEWELLERY, CERAMICS, ARTWORKS & MORE! 184 ALEXANDER AVE. EAST 204-942-0218 [ucec@mymts.net](mailto:ucec@mymts.net)*

**PYSANKY WORKSHOPS AT OSEREDOK:** ETCHED PYSANKA WORKSHOP SATURDAY APRIL 2 2-4 pm. Registration fee \$20 non-members, \$15 members. FAMILY PYSANKA WORKSHOPS SATURDAY MARCH 19 2 to 4 pm, SATURDAY APRIL 16 2 to 4 pm. Registration fee \$12 non-members, \$8 members. GROUP BOOKINGS MINIMUM 12 MAXIMUM 35 PARTICIPANTS PER SESSION Registration fee \$7. Call 204-942-0218 or email [ucec@mymts.net](mailto:ucec@mymts.net)

*ROYAL CANADIAN COLLEGE OF ORGANISTS LENTEN ORGAN COMMUNION SERVICES ST. ANDREW'S ANGLICAN CHURCH WOODHAVEN 2700 PORTAGE AVE. WEDNESDAYS DURING LENT AT 12:15-12:45 PM REMAINING DATES ARE MARCH 9 & MARCH 16. JOIN US FOR A QUIET OASIS OF ORGAN MUSIC, SCRIPTURE READINGS, PRAYER & COMMUNION. STAY FOR COFFEE & CINNAMON BUNS FOLLOWING THE SERVICE.*

March 13, 2016

Manitoba Catholic Prison Ministry Spiritual Retreat "Quality of Mercy....."

The Tri-Diocesan Prison Ministry committee is offering during the year-long Jubilee of Mercy, an opportunity for chaplains, prison ministry volunteers, correctional and parole officers, parishes and community members, to move together in a much deeper spiritual journey to be far-reaching Christian witnesses of mercy to the world. Karen Toole will lead us to defining for each and everyone one the "Quality of Mercy...." so that we can move forward with the work we have been called to do with respect to justice that is pleasing to God.

Saturday, April 30th, 2016 - 9:00am to 4:00pm St. Benedict's Retreat & Conference Centre  
225 Masters Avenue  
Winnipeg, Manitoba, R4A 2A1  
Questions ? call 204-451-2957

Cost - \$30.00 - Deadline to register April 4th, 2016 Cheques payable to CACR of Saint-Boniface; mailed to Retreat, c/o Micah House 1039 Main St, Winnipeg MB R2W 3R2

.....

I carry a cross in my pocket, a simple reminder to me  
Of the fact that I am a Christian, no matter where I may be.

This little cross is not magic, nor is it a good luck charm.  
It isn't meant to protect me, from every physical harm.

It's not for identification, for all the world to see  
It's simply an understanding, between my Saviour and me.

When I put my hand in my pocket, to bring out a coin or a key,  
The cross is there to remind me, of the price he paid for me.

It reminds me, too, to be thankful, for my blessings day by day  
And strive to serve Him better, in all that I do and say.

It's also a reminder, of the peace and comfort I share  
With all who know my Master, and give themselves to His care.

So I carry a cross in my pocket, reminding no one but me  
That Jesus Christ is Lord of my life, If only I'll let Him be.

~author unknown



March 2016						
◀ February						April ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b>	<b>2</b> STATIONS OF THE CROSS 7 PM	<b>3</b> KNIGHTS OF COLUMBUS MEETING 6:45	<b>4</b> Sorokusty during morning Mass	<b>5</b>
<b>6</b> PANCAKE BREAKFAST & ANNUAL MEETING FOLLOWING DIVINE LITURGY	<b>7</b>	<b>8</b> International Women's Day	<b>9</b> STATIONS OF THE CROSS 7 PM FOLLOWED BY UCWLC MEETING	<b>10</b>	<b>11</b> Sorokusty during morning Mass	<b>12</b>
<b>13</b> Knights of Columbus coffee house following Divine Liturgy	<b>14</b> Commonwealth Day	<b>15</b>	<b>16</b> STATIONS OF THE CROSS 7 PM	<b>17</b>	<b>18</b> Sorokusty during morning Mass  PEROGY SUPPER 4 to 7 pm	<b>19</b>
<b>20</b> PALM SUNDAY Liturgy 11:00 am  SPRING TEA 1:00 pm	<b>21</b> HOLY MONDAY 8:30 am	<b>22</b> HOLY TUESDAY 8:30 am	<b>23</b> HOLY WEDNESDAY 8:30 am  CONFESSIONS 6 TO 6:45 PM  STATIONS OF THE CROSS 7 PM	<b>24</b> HOLY THURSDAY DIVINE LITURGY 8:30 AM  MATINS TWELVE PASSION GOSPELS 7 PM	<b>25</b> GOOD FRIDAY ANNUNCIATION OF THEOTOKOS 8:30 am followed by: VESPERS & EXPOSITION OF THE HOLY SHROUD 7PM JERUSALEM MATINS	<b>26</b> HOLY SATURDAY 10: am Divine Liturgy;  2, 4 & 6 pm Blessing of Easter baskets & confessions; 7:30 pm Sepulchre Service
<b>27</b> EASTER SUNDAY 8:30 am Resurrection Matins followed by Divine Liturgy	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>Notes:</b>	

